

Special Measures During Peak Travel Season to Prevent the Spread of COVID-19

In anticipation of the increased movement of people due to the arrival of a peak travel season (summer vacation, Obon festival, etc.) special measures will be taken as to ensure a gradual relaxation of current restrictions and prevent a sudden increase in infections.

TARGET AREA All of Hokkaido

PERIOD Monday, July 12th – Sunday, August 22nd, 2021

Sapporo, which is in the center of Hokkaido and has much traffic with other areas, will be designated as a "priority area" and more thorough infection prevention measures will be taken.

PRIORITY AREA Sapporo City

PERIOD Monday, July 12th – Sunday, July 25th, 2021

As a general rule, the additional requests and calls for cooperation in the Priority Area will end when the period ends (and will shift to the same measures as above Target Area.) However, if the infection rates increase (such as the number of newly infected approaching 15 / 100,000 of the population), then strong measures will be taken, including extending the priority measures.

Request Contents

(IN EVERYDAY LIFE)

- ◆ Presuming that the Delta strain of COVID-19, which is considered to be highly infectious, will become the dominant strain, avoid the “Three C’s”*, and the “5 High-Risk Scenes for Infection”** and take other measures, such as social distancing, wearing masks, hand washing, and disinfecting. (24(9))

*Three C’s: Closed spaces with poor ventilation, Crowded places with many people nearby, Close-contact setting such as close-range conversations

**Five High Risk Scenes; Social gatherings involving alcohol, Eating and drinking in a large group over a long period of time, Talking without masks, Communal living in small spaces, Change of scenery

(WHEN GOING OUT)

- ◆ Please be extra careful to avoid the risk of infection if you are in contact with an individual who is at high risk* of developing severe symptoms. (24(9))

*This includes the elderly, those who have certain pre-existing medical conditions, or some people in the late stages of pregnancy

- ◆ When unable to avoid the risk of infection, refrain from any unnecessary, non-urgent travel to Sapporo. (24(9))

*Specifically, please stay home except for essential outings, such as visiting a hospital or clinic, exercising / walking outdoors in order to maintain or improve health, going out to buy daily necessities such as food or medicine, or commuting to work. Additionally, even during essential or urgent outings, please avoid times and places where congestion can be expected.

- ◆ Refrain from non-essential, non-urgent travel between prefectures, especially those under a state of emergency or quasi-emergency measures. (24(9))

If you absolutely must leave Hokkaido, in addition to taking thorough measures to prevent infection, please monitor your physical condition, such as checking your temperature or taking a PCR test if necessary.

*Moreover, at your destination, please continue to implement basic infection countermeasures and avoid the 3 C’s, and if at all possible, avoid eating out with large groups of 5 or more people.

- ◆ When travelling to prefectures which are not under emergency measures, please make sure to implement basic infection countermeasures and avoid the 3 C’s, and if at all possible, avoid eating out with large groups of 5 or more people. (24(9))

【Call for cooperation for those considering travelling to Hokkaido】

Request contents

- ◆ Along with thoroughly implementing basic infection countermeasures, we also request those coming to Hokkaido to do regular body temperature checks, and take PCR tests as necessary, etc. Additionally, please refrain from travelling if you have a fever, or other symptoms. (Call for Cooperation)

*The government is planning to offer free optional PCR/Antigen tests to passengers departing from Haneda airport, Itami airport, etc. during the Summer holiday season.

Request Contents

(WHEN EATING/DRINKING)

- ◆ Please refrain from dining at restaurants, bars, etc. that do not have sufficient infection countermeasures.
(Article 24(9) Special Measures Law)
- ◆ Please refrain from activities which have a high risk of infection, such as drinking alcohol in groups in a park, or on the roadside, etc.
(Article 24(9) Special Measures Law)
- ◆ Please practice 'Mokushoku' (Silent Eating)
*Up to 4 people, only for a short period of time, no heavy drinking, shouting, or loud voices, and keep masks on while talking.
(Article 24(9) Special Measures Law)

Request Contents

(IN EVERYDAY LIFE)

- ◆ Presuming that the Delta strain of COVID-19, which is considered to be highly infectious, will become the dominant strain, avoidance of the “Three C’s”*, avoiding the “five places”** and taking other measures, such as, social distancing, wearing masks and hand washing and disinfecting. (24(9))

*Three C’s: Closed spaces with poor ventilation, Crowded places with many people nearby, Close-contact setting such as close-range conversations

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(WHEN GOING OUT)

- ◆ If you cannot avoid the risk of infection, refrain from unnecessary, non-urgent outings* (24(9))

*Specifically, please stay home except for essential outings, such as visiting a hospital or clinic, exercising / walking outdoors in order to maintain or improve health, going out to buy daily necessities such as food or medicine, or commuting to work. Additionally, even during essential or urgent outings, please avoid times and places where congestion can be expected.

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(WHEN EATING/DRINKING)

- ◆ **Please refrain from dining at restaurants, bars, etc. that do not have sufficient infection countermeasures. (24(9))**
- ◆ **Do not go to eating establishments after 9PM (24(9))**
- ◆ **Please refrain from activities which have a high risk of infection, such as drinking alcohol in groups in a park, or on the roadside, etc. (24(9))**
- ◆ **Please practice ‘Mokushoku’ (Silent Eating) (24(9))**
*Up to 4 people, only for a short period of time, no heavy drinking, shouting, or loud voices, and keep masks on while talking.